

BIG ENERGY SAVING WEEK...

- CHECK**
- SWITCH**
- SAVE**

**citizens
advice
scotland**



HM Government

**HOME
ENERGY
SCOTLAND**

Tips to help you check, switch and save

Check

Read your meter regularly and check your bills to find out how much energy you're using and that you're not paying too much.

Talk to your supplier or local Citizens Advice Bureau if you think your bill is wrong or have problems paying. You could be entitled to benefits, grants or discounts to boost your income and lower costs.

Switch

You could save hundreds of pounds by switching energy supplier or changing tariff. Visit energycompare.citizensadvice.org.uk to compare prices.

You might be able to switch even if you owe your supplier money. Talk to your local Citizens Advice Bureau for more details.

Save

Make your home energy efficient – Insulate lofts and walls, and get your boiler serviced or replaced to make sure it's energy efficient. There may be schemes that can help you pay for this. Call the Scottish Government's free and impartial Home Energy Scotland service on 0808 808 2282 to find out more.

Save money and energy – Small changes can make a difference. Using low energy lightbulbs or turning down the thermostat by 1 degree can save you money.

For more information visit www.bigenergysavingweek.org.uk

Or call the consumer helpline on **03454 04 05 06**