



Area	Regional Support Officer Contact Details	Bureaux covered
Scotland-wide	<p>Robert McMaster ASAP helpline: 0808 800 1007 ASAP@cas.org.uk</p>	<ul style="list-style-type: none"> National helpline
Aberdeen & Aberdeenshire	<p>Demi Gbenle (Mon – Tue) Jaishri Kumar (Wed – Fri) Valerie Evans (Unforgotten Forces, part-time)</p> <p>01224 569764 Mobile: 07946 525 165 asap@aberdeencab.org.uk</p>	<ul style="list-style-type: none"> Aberdeen Banff and Buchan Kincardine & Mearns Turriff & District SW Aberdeenshire
Argyll & Bute	<p>Sandra Staniland Lisa Ross (Unforgotten Forces Assistant) 01546 605555 mobile 07546 631252 Sandra.Staniland@abccab.casonline.org.uk</p>	<ul style="list-style-type: none"> Argyll & Bute Helensburgh Extension
Ayrshire	<p>Jayne Mackie 01563 543243 Mobile: 07383094496 Jayne.mackie@eastayrshirecab.casonline.org.uk</p> <p>Grant Fulton 01563 543243 Mobile: 07383094789 grant.fulton@eastayrshirecab.casonline.org.uk</p> <p>Referrals: referrals@eastayrshirecab.casonline.org.uk</p>	<ul style="list-style-type: none"> East Ayrshire North & South Ayrshire through outreach – no bureaux
Edinburgh & Lothians	<p>Alan Hamilton Alan.hamilton@CABWestLothian.casonline.org.uk</p> <p>Charlie Walker Charlie.walker@CABWestLothian.casonline.org.uk</p> <p>Susan Proudfoot (Unforgotten Forces) Susan.Proudfoot@CABWestLothian.casonline.org.uk</p> <p>01506 444814</p>	<ul style="list-style-type: none"> Citizens Advice Edinburgh: <ul style="list-style-type: none"> Dundas Street Gorgie/Dalry Leith Muirhouse Portobello CAB West Lothian Dalkeith Haddington Musselburgh Penicuik
Falkirk	<p>Charlie MacFarlane (part-time) 01324 829160 Mobile: 07918 715211 Charlie.MacFarlane@DennyCAB.casonline.org.uk</p>	<ul style="list-style-type: none"> Denny & Dunipace Grangemouth Falkirk

Area	Regional Support Officer Contact Details	Bureaux covered
Fife	<p>Lorraine Reid 01592 765447 Mobile: 07702 917866 lreid@carfonline.org.uk</p> <p>Leslie Hugh (Unforgotten Forces, part-time; fuel debt / energy efficiency specialist) 01592 765444 LHugh@carfonline.org.uk</p>	<ul style="list-style-type: none"> • Citizens Advice and Rights Fife (CARF)
Inverness, Moray & Nairn	<p>Elke Ambrose (part-time) (Inverness & Moray) 01667 456699 Mobile: 07512 116038 Elke.Ambrose@NairnCAB.casonline.org.uk</p> <p>Barry Nichols (part-time) (Nairn) 01667 456699 Mobile: 07787 925923 Barry.Nichols@NairnCAB.casonline.org.uk</p> <p>Bryan Bain (Unforgotten Forces, volunteer) 01667 456699 bryan.bain@nairncab.casonline.org.uk</p>	<ul style="list-style-type: none"> • Inverness • Moray • Nairn
Lanarkshire	<p>Audrey Cuthbertson 01698 259305 Audrey.Cuthbertson@MotherwellCAB.casonline.org.uk</p> <p>Referrals to: Janette Smyth (ASAP Administration) ASAPadministration@motherwellcab.casonline.org.uk</p> <p>Sonya Brown (Unforgotten Forces, part-time) 01698 265349 Sonya.Brown@MotherwellCAB.casonline.org.uk</p>	<ul style="list-style-type: none"> • Airdrie • Bellshill • Clydesdale • Coatbridge • Cumbernauld • East Kilbride • Hamilton • Motherwell & Wishaw • Rutherglen & Cambuslang
Renfrewshire (& Inverclyde)	<p>Mark Oswald Mark.Oswald@EastRenfrewshireCAB.casonline.org.uk</p> <p>Rosie Caulfield (Unforgotten Forces) rosie.caulfield@eastrenfrewshirecab.casonline.org.uk</p> <p>0141 881 3660</p>	<ul style="list-style-type: none"> • East Renfrewshire • Renfrewshire • Inverclyde through outreach – no bureau
Stirlingshire	<p>Alistair Gemmell 01786 451225 Mobile: 0758 0811807 Ally.Gemmell@StirlingCAB.casonline.org.uk</p>	<ul style="list-style-type: none"> • Clackmannanshire • Stirling
Tayside	<p>Shona Ross, Dundee (part-time) 01382 307486 Shona.Ross@Dundeecab.casonline.org.uk</p> <p>Lynn Cameron (part-time) 01241 870661 Lynn.Cameron@anguscab.org.uk</p> <p>Emma Schneider, Perth (part-time) 01738 450591 Mobile: 07916 325875 emma.schneider@perthcab.org.uk</p>	<ul style="list-style-type: none"> • Angus – Arbroath • Angus – Forfar • Angus – Montrose • Dundee • Perth & Kinross